TENNESSEE DEPARTMENT OF MENTAL HEALTH AND DEVELOPMENTAL DISABILITIES

New Web Site Design Allows Easier Access to Information, **Services**

e live in an age of information. Wherever we go, whatever we do, we are constantly being bombarded by news and are accustomed to getting our information at the click of a

Taking this into account, the new design of the DMHDD's web site (http://www.state.tn.us/mental/) enables the viewer access to individual department sections, services and laws as well as information that previously was not readily available.

With 622 pages of information, the site is bristling with need-to-know facts, figures and procedures that advocates, consumers, service recipients, families, government officials and professionals will find educational and easy to navigate.

The following areas can be located on the site:

- · MHDD Law
- · Office of Consumer Affairs
- · Office of the Medical Director
- · Children's Mental Health
- · Anti Stigma
- · Managed Care
- · Cultural Competence
- · Available Supports and Services for people with mental retardation
- · Frequently asked questions regarding developmental disabilities
- · Licensure
- · Suicide Prevention

TENNESSEE.GOV

Dept. of Mental Health & Developmental Disabilities Virginia Trotter Betts, Commissioner

The Official Web Site of the State of Tennessee

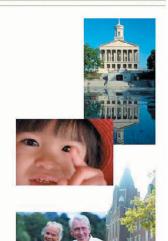
Crisis Information Lines

Upcomina Events

arch the MHDD Site

GO

- Departmental Overview
- · MHDD Law
- Public Information & Educati
- · Office of Consumer Affair
- Office of Managed Care
- Housing Options
- Office of the Medical Director
- · Anti-Stigma Pages



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rtment of Mental Health & Developmental Disabilities 425 Fifth Avenue North, 3rd Floor Nashville, TN 37243-0675

Premier Behavioral Systems Extends Contract

Premier Behavioral Systems of

Tennessee has extended its contract with the Tennessee Department of Mental Health and Developmental Disabilities and the TennCare Partners program until December 31. The contract – which was originally scheduled to expire on June 30 – guarantees the continuation of mental health services coverage for approximately 900,000 lives.

> "This extension gives us the ability to deliberately plan for the future in order to positively impact the mental health care delivery system for the TennCare Partners program and its members," said Commissioner Virginia

Trotter Betts.

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inding effective ways of dealing with uncertainty can go a long way toward keeping you on track with your work and career.

Quoted in Corporate & Incentive Travel magazine, recognized problemsolvers give this advice:

- Ignore those who say it won't work, and stay positive. Whether the change is in a process or in a business plan, people in every kind of business have had to make the "back to the drawing board" decision, coped with it, moved on and were better off for doing so.
- Keep your sense of humor, no matter what. One of the most difficult aspects of change is coping with the details. Don't let the small stuff get you down.

- Get prepared. Take time to decide what kind of background information you will need and find it. Remember that every kind of business is making basic changes these days. So, you aren't alone.
- Look for the silver lining. You will learn more with any change, and doing things the new way will solve some problems you had before.
- Take time to relax before a meeting and at the end of the day. It's important. Take twenty minutes before going to bed to read or to relax with television. It will help you to realize that there's more going on in the world.

Update

of the Tennessee Department of Mental Health and Developmental Disabilities (ISSN-10882731)

Volume 9, Number 3

Department of Mental Health and Developmental Disabilities 3rd Floor, Cordell Hull Building Nashville, TN 37243 615-532-6500 www.state.tn.us/mental

Virginia Trotter Betts, Commissioner Joe Carobene, Deputy Commissioner

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Published bi-monthly by the Department of Mental Health and Developmental Disabilities.
Periodicals Postage Paid at Nashville, Tennessee Postmaster: Send address changes to Department of Mental Health and Developmental Disabilities Office of Public Information and Education 5th Floor, Cordell Hull Bldg.
425 Fifth Avenue North Nashville, TN 37243



lennessee Department or Mental Heatin and Developmental Disabilities, Authorization Number 339285, 9,400 copies, October 2002. This public document was promulgated at a cost of \$.10 per copy.



Department of Mental Health and Development Disabilities Office of Public Information & Education Fifth Floor, 425 5th Ave. North Cordell Hull Building Nashville, TN 37243